

# Maggie's Vocal Exercises 3

All exercises to be practised at various piches within a comfortable range.  
Start on notes depicted and ascend or descend by semitones.

## Exercise 1

Sing with a relaxed jaw and use contrary motion to retain vocal balance.

Ooh Ah Ooh Ah Ooh Ah Ooh Ah

## Exercise 2

Contrary motion throughout 8ve and in the triplets, just watch out for the inversion in the 2nd bar.

5

Tah Teh Tah Teh Tah Teh Tah Teh.

## Exercise 3

9 Contrary motion in the runs and the 8ve leap.

Nin - ghe Nin - ghe Nin - ghe Nin - ghe Nin-ghe Nin-ghe Nin - ge Noo.

## Exercise 4

Staccato and slurs.

13 Use a mixture of Lower Abs contractions and articulator muscle action for vocal dexterity.

Ee Ee\_ Eh Eh\_ Ee Ee\_ Eh, Ee Ee\_ Eh Eh\_ Ee Ee\_ Eh.

## Exercise 5

21 Contrary motion using seesaws, with a wiggle at the end.

Glo - ri - a, Glo - ri - a, Glo - ri - a.

Exercise 6

Flexibility. Practise it staccato, slowly, then speed up legato.

24 Think up and over on every note. Breathe at the end of bar 27.

Be - ne - dic - tus, Be - ne - dic - tus.

Be - ne - dic - tus, Be - ne - dic - tus.

Exercise 7

Practise slowly and then speed it up. Use a pivot point to access low and high notes.

32 i.e. in C major place pivot point at G/A.

Ooh Or Ah

Exercise 8

36 As above, just with a change of vowel sounds.

Ee Eh Ai

Exercise 9

40 Similar to above, but with a dotted rhythm and a final ascending scale.

Ah Eh Ah Eh Ah Eh Ah Eh Ah

Exercise 10

Deconstructed arpeggio. Again, use a pivot point for vocal balance and use seesaws and springboards for flexibility.

Ah