Maggie's Vocal Exercises 4

All exercises to be practised at various pitches within a comfortable range. Start on notes depicted and ascend or descend by semitones.

Exercise 1

Feel the resonance through the "Z" and the "M", and use contrary motion to balance the vocal phrase.







Exercise 2

A fast flexibility exercise, and again using contrary motion on a pivot point for the octave link.



Exercise 3

A slow exercise for the octave leaps. Balancing is required, and a pivot point ensures this, i.e. be aware of the extremities of the interval and the resonator waveband it encompasses. Then settle vocally in a mental centre point, which gives easy access to both lower and higher notes, e.g. C - C' interval, pivot point is around F/G - around the tip of the nose!! Sopranos and Tenors sing up to top A, if possible with ease.

Altos and Basses to upper E if possible.

Ah_

Exercise 4

This is a slightly extended wiggle. Try to retain smooth movement and use an up and over approach to rising intervals, and the seesaw to descending intervals.



Exercise 5

An agility and flexibility exercise, as before, but now an articulated legato with an extension to a tone above the octave. Start first note employing your vocal Sat Nav to prepare the extension!





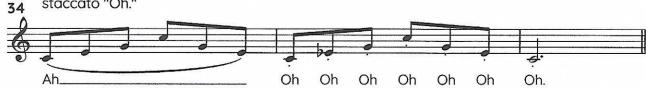
Exercise 6

This is a trill study for beginners! So sing slowly and with smooth bridging on the repeated 5th and 4ths.



Exercise 7

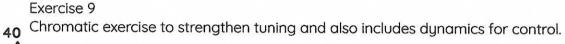
Standard arpeggio exercise, move from major in the legato "Ah" to minor for the staccato "Oh."



Exercise-8

Extended arpeggio. Pivot point definitely needed. Use the "up and over" approach and "laryngeal hug" for comfortable top notes. Again Sopranos and Tenors to top A and Altos and Basses to upper E.







Exercise 10

A graduated interval exercise combined with counting the numbers; a good brain gym workout!



